

Printable Declutter Checklist

A keep, sell, donate, toss checklist for clearing out clutter room by room before you pack.

Sort Each Item Into

- Keep: use it or truly love it
- Sell: valuable and in good shape
- Donate: usable but not for you
- Toss: broken, expired, or unsafe
- Recycle: paper, glass, and metal
- Return or regift: not yours to keep

Rooms To Declutter

- Kitchen: gadgets and duplicates
- Closets: clothes you have not worn
- Bathroom: expired products
- Garage and storage: unused gear
- Paperwork: shred old documents
- Bookshelves: books and media
- Kids rooms: outgrown toys
- Junk drawers and odds and ends

This is the blank version. Want it filled in for YOUR move?

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